



## **RASHTRIYA MADHYAMIK SHIKSHA ABHIYAN**

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Memo. No. 62(40)/37 -RMSA

Dated Kolkata the 19<sup>th</sup> March, 2015

From : The State Project Director  
RMSA

To : 1. The District Project Officer, RMSA  
2. The District Inspector of Schools (S.E.) \_\_\_\_\_  
P.O. \_\_\_\_\_ District \_\_\_\_\_

### **Sub: Release of Guidelines for different grants and Utilization of fund**

Madam/Sir,

In drawing your attention to the above noted subject I am to inform you that various kinds of Grants were released to the Govt. & Govt. Sponsored schools and DPO of the District in the current financial year 2014-15 through Bank Transfer. In this connection following 7 guidelines are hereby enclosed for your information and guidance.

It may be noted that the same guidelines were sent to you earlier by e-mail.

#### **Guideline of :**

- i) Annual Grant
- ii) Civil Grant
- iii) Dalit Shiksha Utkarsha Abhiyan
- iv) Provision of Sports Equipment to schools
- v) Sankhalaghu Utkarsha Abhiyan
- vi) Science Exhibition & Book Fair
- vii) Self Defence activities for Girls

Grants vide Sl. i) and ii) (50 % of the total allocation) above have been released to the school authorities.

The list of such schools has been sent to the DPO, RMSA through e-mail. As soon as the grant is released further the list will be sent accordingly.

Grants vide Sl. iii) to vii) have been released / are being released to the DPO.

Receipt confirmation please be made. The funds are to be spent as per guideline only. Necessary utilization certificates are to be submitted in due course.

Yours faithfully,

  
State Project Director  
RMSA

Encl: As stated

Memo. No. 62/1(20)/37 -RMSA

Dated Kolkata the 19<sup>th</sup> March, 2015

Copy forwarded for information to the District Project Director & District Magistrate

  
State Project Director  
RMSA

## Guidelines for utilization of School Grant under RMSA (2014-15)

The fund of Rs.50, 000/- is placed directly to the Heads of the Institutions. The funds placed will be utilized on approval of the Managing Committee of the school.

Activities to be undertaken:-

- i. Sports, music, dance, painting, culture, teaching aids(for classes IX-X).
  - Equipment for teaching geography as elective.
  - Drawing equipments and painting materials.
  - Maps, charts, specified instruments and appliances.
  - Sports equipments, uniforms etc.
- ii. Petty and contingent expenditure like organizing meetings, conveyance, stationaries.
- iii. Petty repairs and maintenance.
- iv. Water, electricity and telephone charges, internet charges/ other rates and taxes.  
Ceiling limit to meet water and electricity charges is Rs. 15000/-
- v. Purchase of books, periodicals, newspapers etc. (periodicals should not exceed Rs. 5000).  
The lists of books to be approved/ recommended by the State Govt.
- vi. Purchase of need based educational materials for students with disabilities (for classes IX-X).
- vii. Repair/ replacement of laboratory equipments and purchase of laboratory consumables / chemicals, upkeep of laboratory or any other activity related to the study of Science / Mathematics / Geography (for classes IX-X).

Prohibited Expenditure:-


The expenditure on the following accounts can never be made.

- ❖ Hiring of vehicle
- ❖ Petroleum, oil and lubricant (POL) charge
- ❖ Any sort of remuneration / wages & etc.

Norms of Expenditure & Accounting:-

- i. Expenditure is to be made within 31<sup>st</sup> March, 2015.
- ii. All procurement shall be made observing guidelines as prescribed in the Financial Management and Procurement (FMP) Manual.
- iii. All the vouchers are to be kept with the school.
- iv. Utilization Certificate along with an expenditure statement is to be sent to the State Project Office RMSA through DPO, RMSA within 30-04-2015.

These guidelines are issued with the approval of Hone'ble MIC, School Education Department.

  
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R.M.S.A

## Guidelines of Civil works under RMSA

Construction of Additional Class Room / Integrated School Laboratory / Computer Room / Library / Arts & Crafts Room.

1. Executing Agency: for Govt. as well as Govt. sponsored schools the school authority shall be the executing agency.
2. Sub- Committee: A construction sub-committee may be constituted in each school comprising of the following persons-
  - i. HM of the School
  - ii. One teaching member
  - iii. JE of the concerned Block
3. Plan & Estimates: The work is to be made as per the approved plan and estimate (copy enclosed). No deviation in this regard will be allowed.
4. Procurement Type (as per Financial Management and Procurement (FMP) Manual para 8.1.3)

S. No.	Procurement Type	Financial Limit
1	No tender or Direct Purchase (Certificate to be furnished as per rule under 145 of GFR 2005)	Up to Rs. 15,000/-
2	Three member committee (Certificate to be furnished as per rule under 146 of GFR 2005)	Above Rs. 15,000/- and upto Rs. 1.00 Lakh
3	Limited Tender	Above Rs. 1 lakh and upto Rs. 10.00 Lakh
4	Open Tender	Above Rs. 10 lakh and below Rs. 50.00 Lakh
5	Open tender using e-procurement process for Civil works, goods and services.	Rs. 50.00 Lakh or above

5. Methods of procurement: As per para 8.4, 8.5, 8.8, 8.10 & 8.11 of FMP Manual



6. General:

- i. Payment should be made maintaining all financial norms.
- ii. Concerned JE must sign Measurement Book (MB) as per rules.
- iii. Bills must be countersigned by the JE concerned.
- iv. Expenditure should be approved in the meeting of construction sub-committee.
- v. No advance payment should be made.
- vi. Payment may be made as per PWD schedule
- vii. All the vouchers, MBs & other related papers are to be kept with the school.
- viii. Utilization Certificate along with photographs is to be sent to the State Project Office, RMSA through DRO, RMSA after the completion of the work.



SPD. RMSA

Enclo: As stated

**Name of the Programme : Dalit Shiksha Utkarsha Abhiyan (Learning enhancement programme for SC/ST Students)**

**Background**

The State Planning Team of RMSA has proposed to take up a pilot project of enhancement of learning standard of SC/ST students at the end of class IX, so that these students can do well in M.P. Examination in the forth coming year. It is normally seen that school authority force the students of class IX who are not sufficiently well in study, to detain them in the same class. This leads to wide chances of dropping out among the students particularly among girls. Moreover in this state there are 87 blocks which are called Educationally Backward blocks popularly known as EB Blocks which are dominated by SC/STs in demographic structure. It includes 27 blocks under Jangal Mahal area in three districts of Purulia, Bankura and Paschim Medinipur.

Keeping the above premises in mind an initiative called 'Dalit Shiksha Utkarsha Abhiyan'

( Spacial Teaching for learning enhancement of SC/ST students of class IX ) has been taken up this year for implementation of the same on pilot basis in the EB Blocks of 5 Districts viz Purulia, Bankura, Birbhum, . PaschimMedinipur, Jalpaiguri including the Jangal Mahal Area wherein students are to be identified and given special coaching for uplift of their capacity so that most of these students may prepare themselves sufficiently ready in the forth-coming year.

**Objective of the Programme**

- i) To curb the proneness of dropping out among SC/ST children at the end of class IX
- ii) To enhance basic learning skill in certain subjects
- iii) To prepare them sufficiently competent to take up the course of study of class X.
- iv) To help them to crack M.P examination with comfortably good marks.
- v) To remove the sense of alienation in the class room and its activities and improve self confidence among them.
- vi) To involve the community as a whole and make them aware about certain skills and provide career guidance option of their children in the locality.

**Certain Premises of the Programme**

A) The programme will be conducted in 5 districts viz Bankura, Purulia, Birbhum, PaschimMedinipur. Jalpaiguri in the following manner:

Name of the District	Students	Number of EB blocks	No of Centres
Purulia	2000	10	100
Bankura	1000	5	50
PaschimMedinipur	400	2	20
Jalpaiguri	1000	5	50
Birbhum	400	2	20
	4800	24	240

- B) Each centre will consist of 20 SC/ST students of class X having low learning level in class IX. The State will cover 240 centres with 4800 students in all.
- C) For each centre the district authority concerned will be able to spend @ Rs. 500/- per child i.e. 20 students X 500 = Rs. 10,000/- per centre in four months.
- D) The District Magistrate will identify certain willing schools in the selected EB Blocks who will act as nodal schools of this programme. The H.M of the concerned schools will organize the centres in the specific venue in the morning or after school hours at least for 3 hours for four months at least.
- E) The venue school may also include SC/ST students of the neighboring schools. Therefore the venue schools will constitute an organizing committee consisting a selected teachers of the concern school including some H.Ms and teachers of the neighboring schools. This Committee will give feedback and conduct assessment of the students in the beginning and end of the programme.
- F) Existing and entire teachers may be engaged in the process of teaching & learning of these centres. Some times, properly educated youths of the locality may also be engaged in the assignment as volunteers.
- G) As conveyance & Tiffin cost, expenditure here can be made for the persons who will be engaged for imparting remedial coaching. The centres should concentrate their energy in improving subjects like English, Mathematics, History and concerned 1st language.
- H) The District authority will constitute an organizing Committee in the following manner:
- |      |  |          |
|------|--|----------|
| i)   | One representative of D.M/A.D.M. ....    | Chairman |
| ii)  | D.P.O., SSM & RMSA                       | Convenor |
| iii) | D.I/S (S.E.)                             | Member   |
| iv)  | One Backward class department Officer    | Member   |
| v)   | One A.I/S                                | Member   |
| vi)  | Two representative from S.C/ST community | Member   |
| vii) | Two H.M from the nodal schools           | Member   |
- I) Fund will route through RMSA fund of the District. D.P.O, SSM & RMSA will be liable to keep all accounts properly. The District Committee concerned will organize a survey among the targeted students at the beginning of the programme to know the level of their existing status of learning and also conduct an impact study at the end of the programme to know the level of their achievement.
- J) The District will concentrate on basic competency of the students like writing, Reading & Comprehension skill, Numerical skills, basic concepts of the area of study and proper interpretation and simple presentation. These will be conducted normally keeping relation with the questionnaires normally made in M.P Examination at the end of class X.
- K) Budgetary Provision for Centres –

4800 students X Rs. 500 =Rs. 24,00,000/-

  
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Name of the Programme : Provision of Sports Equipment to schools

Background :

Govt. of West Bengal has already introduced Physical Education as an elective subject in H.S level.

In Secondary level, Physical Education as a subject is going to be compulsory by the next year. There are at least 14000 teachers who are engaged to deliver this subject at the school curriculum . On the other hand , the State has a statutory body to promote Games and Sports at the school level which is called as West Bengal State Council for School Games & Sports(W.B.SCSG & S) . The said Council is mainly entrusted with the assignment of conducting Games and Sports competition at Sub-Divisional level, then District level and at least State level. It forms State Contingents of at least 110 Games & Sports every year and send them to participate in National Games. Thus the students having special interest and capacity in different games & sports, are drawn from school level. But the scenario at school level- availability of ground, sports equipments and trainers is very grim. Emphasis on sports activities in school curriculum means to lessen drop-outs, enhancing participation of first generation learner and discovery of talent among the children who could have lost in oblivion in monotonous teaching learning process. Promotion of Sports and games activities in school means to create larger scope for making youths physically fit and mentally alert and bringing about future citizen bodily sound and free for illness. But the fact is that the school is not having proper equipment in practicing any event in sports. However, considering participation of more number of students in sports and games, the State has proposed to provide support to 100 schools this year under RMSA finding AWP&B 2014-15 has already sanctioned an amount of Rs.20 lakh for providing Rs.20,000/- per school for 100 schools for purchasing sports equipments of standard quality.

Objectives of this Activity

- 1) To promote sports and games in school curriculum.
- 2) To lesser drop-out rate in Secondary level.
- 3) To search out rural talents in this field.
- 4) To prepare schools for undertaking different events in sports.



(2)

**Basic Premises in this programme**

- A) Since sports & games have been considered a large area of action, we should concentrate our resources only on two or three areas wherein equipments are necessary for continuing sports & games. Thus we may prepare a structure of these events along with necessity of equipments for conducting the same regularly.

<u>Name of the Sports &amp; Games</u>	<u>Equipments required for these events</u>
1. Athletics	Shot puts, discus, high jump stand with crossbar, Take off board, long jump, starting block, firing gun Stop watch, measuring tapes, hurdles
2. Hockey	Goal keepers' leg gear, helmet, stick, goal post
3. Football	boots, football, goal net
4. Gymnastics	multipurpose mattress, Horizontal bar/balancing Beam
5. Cricket	Bat, ball, stump, pad, helmet, net

- B) Total number of schools to be provided fund is 100. Distribution of schools in different Districts is as follows:

1. Cooch Behar	5
2. Jalpaiguri	4
3. Siliguri	3
4. Darjeeling	2
5. Uttar Dinajpur	3
6. Dakshin Dinajpur	3
7. Malda	5
8. Murshidabad	5
9. Alipurduar	3
10. Birbhum	5
11. Bankura	5
12. Purulia	5
13. Paschim Medinipur	6
14. Burdwan	6
15. Purba Medinipur	5
16. Hooghly	5
17. Howrah	5
18. North 24 Parganas	5
19. Barrackpur	5
20. South 24 Parganas	5
21. Nadia	5
22. Kolkata	5

100

(3)

C) District Officer of Physical Education & Youth Welfare (DOPE & YW) of each district will be the nodal officer for selection of the schools in consultation with D.I/S (S.E) of the concern District.

D) A District Level Committee will be formed to implement the programme.

i) District Inspector of Schools (S.E)	Chairman
ii) District Officer of Physical Education & Youth Welfare	Convener .
iii) District Project Officer (SSM)	Member
iv) One Assistant Inspector of Schools	Member
v) Two persons to be nominated by Commissioner of School Education	Member

E) The Committee will perform the following activities :

- To Select the schools as per quota of the District.
- To identify the sports items which will be favored by this funding, for each school.
- To purchase equipment of standard quality.
- To hold meeting & train the concerned Physical Education teachers for better utilization of these equipments
- To check and monitor the school activities before and after purchase and supply of the materials.

F) Fund will be placed in the account of District Council for school Sports & Games and the General Secretary of the said council will be liable to give utilization certificates immediately after implementation of the programme.

G) **Budget Provision**

- Total cost of equipments @ Rs. 20,000/- per school for 100 schools = Rs. 20,00,000/-

  
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Name of the Programme : **Sankhalaghu Shiksha Utkarsha Abhiyan**  
(Improvement of under achievers belonging to  
Minority Community)

**Background**

Though there is a system of educating minorities in West Bengal through Madrasahs approved by the State Govt. the coverage is not up to the mark. Hence the School Education system has laid special focus on the Education of the minority community students. As such, a pilot project of enhancement of learning of minority community students at the end of class IX has been taken up so that these students can do well in Secondary Examination in the forth coming year.

The students who do not fare well in final examination of class IX may be identified and provided hand holding support in their learning so that they may achieve better in the next examination at par with the students of normal standard in the class. This programme may be called Remedial Support in case of learning of minority community students.

There are 12 Districts in West Bengal which reportedly have high populations of minority communities either in the whole District or in some parts of the concerned District. To concentrate the programme as cluster in certain districts, we need not spread the programme all over the State but it may be initiated in six identified districts, namely Murshidabad, Malda, Uttar Dinajpur, Dakshin Dinajpur, South 24 Parganas and North 24 Parganas where there are several blocks dominated by the minority communities in demographic distribution. This will help the State personnel to monitor and assess the programme properly.

Keeping the above premises in mind an initiative called '**Sankhalaghu Shiksha Utkarsha Abhiyan**' (Improvement of under achievers belonging to Minority Community) has been taken up this year for implementation of the same on pilot basis in the 6 Districts viz like Murshidabad, Malda, Uttar Dinajpur, Dakshin Dinajpur, South 24 Parganas and North 24 Parganas where students are to be identified and given special coaching for uplift of their capacity so that most of these students may prepare themselves sufficiently in the forth-coming year and enhance their achievement level.

**Objective of the programme**

- i) To extend support in terms of equity in education.
- ii) To organize a pilot initiative to uplift the learning level of the minorities
- iii) To constitute a committed team of experts in the District to take up such similar activities within the District for the sake of upgrading the learning skills of the minority students in the present system of education.

To raise confidence among minority students for better main streaming.

**Certain Premises of the programme :**

To translate the objectives of the programme into action, the following premises are to be considered:

- A) The programme will be conducted in the six districts in the following manner



	District	No. of Centres	No of students to be covered	No. of Blocks
i)	Uttar Dinajpur	20(including 5 Madrasa)	500	2
ii)	DakshinDinajpur	20(including 5 Madrasa)	500	2
iii)	Malda	40(including 10 Madrasa)	1000	4
iv)	Murshidabad	60(including 20 Madrasa)	1500	6
v)	North 24 Parganas	20	500	2
vi)	South 24-Parganas	40	1000	4
		200(including 40 Madrasa)	5000	20

B) Each Centre will consist of 25 minority students of class X having low learning level in class IX.

The State will cover 200 centers having 5000 students in all. Out of these centres, 40 centres may be opened in different Madrasahs in Murshidabad, Malda, Dakshin Dinajpur and Uttar Dinajpur.

C) For each centre, the District authority will be able to spend Rs.500/- @ student i.e.  $25 \times \text{Rs. } 500 = \text{Rs. } 12,500/-$  in four months.

D) The District authority will identify certain willing schools in the selected Blocks, who will act as nodal school of this programme.

The H.M of the concerned school will organize the centre/s in the specific venue in morning or after school hours at least for 3 hours for four months at least.

E) The venue school may also include backward minority students of the neighboring schools. Therefore the venue school needs to constitute an organizing Committee consisting of selected teacher of the concerned school including some H.M s and teachers of neighboring schools. This committee will give feedback and conduct assessment of the students in the beginning & end of the programme.

F) Existing and retired teachers maybe engaged in the process of teaching & learning of these centres. Sometimes properly educated youths may also be inducted from the Community to engage them in the work as volunteers.

G) Conveyance & Tiffin cost expenditure may be made for these teachers per permissible Govt. norms. The centres should concentrate their energy in improving subjects like English, Maths, History and concerned 1st language.

H) The Distict will consistitute an Organising Committee in the following manner;

One representative of D.M./A.D.M.	Chairman
D.P.O,SSM & RMSA	Convenor
DI / SE	Member
One Minority Development Officer	Member
One A.I/S	Member
Two minority representative	Member
Two H.M s	Member

I) Relevant Fund will route through RMSA Account of the District .DPO, SSM & RMSA will be liable to keep all the accounts properly. The District Committee will organize a survey among the targeted students at the beginning the programme to know the level of their existing status of learning and also conduct an impact study at the end of the programme to know the level of their achievements.

J) The District will concentrate on basic competency of the students like writing skill, reading comprehension skill, numerical skills, basic concept building and proper interpretation and simple presentation. These will be conducted normally keeping relation with the questionnaires made in Secondary Examination at the end of Class X.

K) **Budgetary Provision** = for centres:-

5000 students X Rs. 500      Rs. 25,00,000/-

  
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In the science curricula of Secondary level, the students are expected to link their experience with scientific truth. This can only be possible if the students internalize the basic scientific truths and correlate them with each other. Moreover, contextualization of these truths with field reality and day to day life situation is also another aspect of purpose for learning science. This is only possible if the learners can do hand on experiments, transfer knowledge from one experiment to other and accommodate new ideas and innovations in the process of learning. Thus learning science with the help of experimentation, project method and model preparation is more effective than only through reading science text book and cramming rules of nature. Keeping these premises in mind, PAB of RMSA has approved the proposal of holding Science Exhibition in each District of this State.

On the other hand, emphasis has been given on developing reading habits of the students from their early stages. Developing love for books is also one of the quality activities which form a lifelong habit of children and which tends to develop a zeal for printing materials and books. This does not necessarily include only text book, but encompasses a wide range of books according to their individual interest. Along with library activities in the school, the students should have also experience in choosing books of his/her interest and purchasing them out of their own pocket money. The whole purpose of popularizing book-reading may be fulfilled. Keeping the above premise in mind, PAB RMSA has approved the activity of holding Book fairs in each District in collaboration with NBT.

Since both the above mentioned programmes are related to quality development, these are complementary to each other. Holding both the programmes jointly at the District level may not only unify the purpose of quality intervention, but also facilitate the act of organizing both the programmes at one venue simultaneously.

In the above backdrop, West Bengal RMSA will organize both the programmes simultaneously and convergently in one venue at District Level.

### **Objective of the programmes**

- 1) To encourage innovation in science learning .
- 2) To inspire the students in basic science and help overcoming local obstacles man made or nature-made by dint of basic science.
- 3) To set a direction in improving the present eco-agricultural situation and bio-diversity



- 4) To bring science as a matter of interest through reading different science-related books, rather than only text books.
- 5) To create reading habits and passion for books through purchasing books of different interests.
- 6) To create an environment through presenting drama, songs and holding seminar on science & books.

#### Basic premises of the Programme:

1. Each District authority will select one school campus within the District Headquarter wherein these programmes will be held.
2. A Working Committee at the district level will be constituted to hold the programme.

i)	One representative of D.M.	Chairman
ii)	District Project Officer, SSM	Convener
iii)	District Inspector of Schools(S.E.)	Member
iv)	ADPO, SSM	Member
v)	One AI/S.I(S.E.)	Member
vi)	Two H.M.s/Teacher	Member
vii)	H.M of the Host school	Member
viii)	Two local authors/interested persons in Science	Member

#### 3. Duties and responsibilities of the Committee

- i) To organize and hold the two programmes in a well planned manner.
- ii) To select the venue school
- iii) To make contact with the school, within the District concerned and ask them to join in the science exhibition and book fair
- iv) To invite local publishers and Publishing Houses of College Street Market to participate in the fair .
- v) To conduct a wide campaign about this programme.
- vi) To make contact with NBT officials to extend co-operation in holding these fairs.
- vii) To place a budget, keep all expenditure statement and send utilization certificate to State RMSA office.
- viii) To arrange judgment of exhibition and declare the best performers .

- 4) Fund will be placed before D.P.O., SSM
- 5) A tentative list of Publishing Houses of College Street Market of Kolkata will be prepared and a meeting will be held along with Book Sellers Associations of the State level so that invitation can be forwarded to the m all. The list of willing publishers will be finalized by the State Office. At the State level DSPD, RMSA will be in-charge of this programme and he will be assisted by some selected officials of Education Deptt./Directorate and of SSM. Another meeting along with District level stake holders may also be organized at the State Level.

- 6) Each venue school will utilize their classrooms for science exhibition and book fairs. However, the organizer will erect a dias upon which not only inaugural and closing programme will be held but also some cultural programme and seminars will be held on all two days.
- 7) The programme will be held for 2 days. Arrangement of accommodating guests for out-stationed publishing houses and NBT and students coming from far off areas of the District is also to be made by the District level committee..

This programme will be held within March, 2015. The district programme dates should not clash with one another. Therefore holding dates will be finalized by the state office only after discussion with publishing houses of Kolkata. It is better to start from Coochbehar and its neighboring districts one by one, so that all the publishing houses can all move from one District to another with their own belongings.

**9. Budgetary Provisions:**

- a) Rs. 1(One) lakh for each District for each programme.
- b) For state level meeting Rs. 10,000/- will be spent from MMER cost, RMSA.



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## Guideline to conduct the Programme :Self Defence training for Girls

**Background:** Proneness to women atrocities is not a recent phenomenon in the society . Women have been traditionally considered as preys to male chauvinism and aggression from the time immemorial But in the last two centuries as a result of extension of education among women and due to certain reform moments occurred in Bengal the women have become more strengthened to protest against the attitude and act of violence of their male counterparts. This has again opened the possibility of new threats to those women inside and outside home.

At this backdrop the school going girl students are the worst sufferers and they have every chance of being effected. Sometimes, the girls have to travel a long way to reach a Secondary or Higher Secondary school either on foot or by bicycle, some times even alone. The parents habitually stoop to this apprehension and restrain the girls children to attend schools regularly. Herein lies chances of drop outs among the girls.

Keeping the above premises in mind, Govt. of West Bengal proposed in the current AWP&B of West BengalRMSA an innovation programme on Girls education wherein an intensive training will be given to at least 1,00,000 girls reading in class IX , X , XI & XII so that they can build up in themselves certain self defence skills including life skill for self protection and self-development.

### Objective of the new programme:

- a) To reduce irregular attendance of girl students
- b) To equip the girls with some life skills and defence skills so that they can avert any kind of untoward situation at least at the first instances.
- c) To spread a message to the violence-maker that girls are being ready for counter-defence and awareness is being developed among the girls in this regard.
- d) To make the Physical Education teacher of each school aware of these skills for future practice of them as a part of school curriculum .

### Basic premise of the new programme

The programme has two prolonged targets -

- a) to develop certain life skill
- b) to learn certain self defence mechanism .

#### i)Life skill

- Girls are to be aware of certain dos and don'ts in the day -to-day life.
- To learn how to properly channelize their emotion in adolescent period
- To learn how to form groups and extend co-operation among each other only by exercising personal rapport.



- To be aware how to reasonably recover from mental trauma and fight against violence makers with the help of Govt and panchayet , community people

ii) Self defence skill:

- To make them aware about sensing attack and danger.
- To learn how to apply presence of mind and measures to avert the impending danger.
- To learn at least 15 rudimentary skills of self defence comprising of Karate-Judo and kick boxing, flexible body movement and some other physical skills.

Basic Peinciples:-

- i) The programme will be held in 1000 girl and co-ed govt. and govt. sponsored schools in West Bengal. @ 50 schools from each District on an average . Keeping the availability of schools and specific necessity of this programme in certain Districts in mind , this sacrosanct distribution of schools @ 50 may be made flexible in the following manner:-

Coochbehar	50
Jalpaiguri	40
Siliguri	15
Darjeeling	20
Uttar Dinajpur	25
DakshinDinajpur	25
Malda	50
Murshidabad	65
Burdwan	60
Birbhum	50
Bankura	50
Purulia	50
Paschim Medinipur	60
Purba medinipur	50
Hooghly	60
Howrah	50
North 24 Parganas	50
Barrackpore	40
Kolkata	50
South 24 Parganas	60
Nadia	60
Alipurduar	20

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1000

- 10
- ii) Each school will make two groups having each group consisting of 50 girl students of class IX , X , XI & XII.

The training will be held in 15 working days ~~at~~ may be during one month period /at a lesser period from 3-00 p.m to 5-30 p.m each day.

Two trainers for each school~~s~~ will be deputed by the District SSM-cum- RMSA Office.

- iii) The District Officer of Physical Education and Youth Welfare(DOPE &YW) will be the chief-co-ordinator of this programme. He will have to perform the following duties:

- to form a district team of trainers
- to train them with the help of State Resource Persons for two three days at the District level
- to supervise the schools during the programme.
- To furnish a detailed report along with photographs to the office of District RMSA.

- iv) A District level committee may be formed along with the following personnel.

- |                                    |               |
|------------------------------------|---------------|
| a) One representative of D.M ..... | Chairman      |
| b) D.I/S(S.E)/D.I/S( Academic)     | Vice Chairman |
| c) DOPE &(YW)                      | Convener      |
| d) One AI/S(S.E.)                  | Member        |
| e) Two Resource Person             | Member        |
| f) Two H.M                         | member        |

- v) The State Office will convene a workshop (residential) of two days along with 60 resource persons from different Districts at the State level and prepare a guideline for the same and afterwards those resource persons will subsequently train the District level resource persons @ two person for each school for three days at their respective Districts.

- vi) DOPE & YW of each district will utilize the service of the teachers and members of Karate and Judo associations who are mostly associated with such activities

d) Budgetary Provision

Each District will prepare a budget @ Rs.2800 per school (1400 X 2 trainer =2800 for 15 days) and organize the training of school-wise trainers for three days @ 10,000/-(lump sum

- i) State level orientation for preparation of guideline may be held out of RMSA fund earmarked for teachers training .
- ii) MMER cost may be utilized to provide vehicles and TA/DA for the State organizers to visit the District during the programme.

  
State Project Director  
RMSA

BUDGET DETAILS

Sl. No	Item	Details	Fund	Resources
1.	Remuneration of Trainers @ 2 in each school	Rs.1400/- per ttrainer for 2 trainers in each school X 1000 schools	28,00,000/0	From RMSA Girls Education fund
2.	District Level Orientation for 3 days one camp in each district	Rs. 10,000(lump sum)	2,00,000/-	-do-
3.	State level Orientation for two days for 60 members(Residential)	Rs. 400 X60X2 days	48,000/-	From RMSA Teacher Education Fund
4.	Monitoring during Programme for 15 days Vehicle & T.A /D.A	Rs. 40,000/- )lump sum)	40,000/-	From MMER cost of RMSA
		Total:	Rs.30,88,000/-	

  
 State Project Director  
 RMSA