Government of West Bengal P & AR Department (W.B.C.S. Cell) NABANNA, 7th floor, Room No.705 325, Sarat Chatterjee Road, Howrah-711102

ORDER

No. 1195 - PAR (WBCS)/1D - 203/2022

Subject: Introduction of mandatory Annual Health Checkup for the WBCS (Exe) officers of the age of 40 years or above in line with the provisions made in this regard for AIS & Central Civil Service Officers.

Introduction of mandatory Annual Health Check-up for the WBCS(Exe.) officers of the age of 40 years or above, with a view to ensure their well-being, by reducing health related risks and also to enhance their performance, has been under active consideration of the State Government for quite some time past.

Now, after careful consideration of the matter, the Governor is pleased to introduce mandatory Annual Health Check-up for the WBCS (Exe.) officers of the age of 40 years or above.

The Cost of examination and the investigations, as per the List of Investigations and in the Health Care Organization approved by the State Government (Annexure –I) for the above purpose, has to be initially borne by the concerned WBCS (Executive) Officer himself / herself and shall be subsequently reimbursed at the rates applicable to AIS & Central Civil Service Officers as may be notified from time to time.

List of pathological, radiological and optical and other investigations for the above purpose would be identical to the approved List of such investigations as incorporated for mandatory Annual Health Checkup of AIS & Central Civil Service Officers.

Such examination and Investigations must be conducted by approved Health Care Organizations including Government Hospitals/Health Care Organizations and Private Hospitals empaneled by the Health & Family Welfare Department and the Medical Cell of the Finance Department from time to time.

The charges for further investigations, if recommended by competent Medical Officers, during the mandatory Annual Health Checkup, would be reimbursed as per WBHS rates, as a special case.

The complete Medical Report along with the Summary of Medical Report, in the prescribed format (Annexure –II), prepared by a competent Medical Officer of the concerned Health Care Organaisation, shall be uploaded by the concerned WBCS(Executive) officer at the time of submission of SAR in the respective module of SAR so introduced by the P & A.R. Department.

This order is being issued with the concurrence of the Finance Department vide U.O. No. Group P1/2025-2026/0363 dt. 07/08/2025 and subsequent approval of the Cabinet as communicated vide Cabinet Sectt. U/O No. CAB(D) -1342 dt. 08/09/2025.

All concerned are being informed accordingly.

Sd/-Secretary to the Government of West Bengal

Dated: 19.09.2025

fee Bancas

No. 1195 - PAR (WBCS)/1D - 203/2022

day/ next day.

Dated: 19.09.2025

Copy	forward	led	to:
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y IOI	iwarueu to.	
1.	The Principal Accountant General (A&E), West Bengal, Treasury	Buildings, Kolkata - 700 001.
2.	The Principal Secretary to the Chief Minister, Govt. of West Ben	gal, Nabanna.
3.	The Additional Chief Secretary, Finance Department, e-Gov. Gro	oup.
4.	The Additional Chief Secretary / Principal Secretary / Secretary,	Department
5.	The Principal Secretary, Health & Family Welfare Department.	
6.	Sr. Special Secretary, P & A.R. Department, e-Gov. Cell, - He ma	y please take necessary
	measures for preparation of Web-based software for submission	
	WBCS(Exe.) Officers with mandatory provisions for uploading t	
	alongwith the Summary Medical Report in the said module.	
7.	The Divisional Commissioner,	Division
8.	The Director of Health Service.	
9.	The Director, Director	orate.
10.	The District Magistrate,	
	The Pay & Accounts office, PAO –I / II / III	
12.	Shri / Smt	_, WBCS(Exe.)
	The Treasury Officer, Treasury (All).	
14.	. The Superintendent,	_, Medical College & Hospitals
	. The CMOH,	
	. The Director/ Medical Superintendent,	
	with the request to undertake the medical examination. Officers in the enclosed proforma and to kindly ensure that all	ation of the WBCS(Exe.)

17. IT Cell of P & A.R. Department for uploading this order and enclosures in the website of P. & A.R. Department

conducted on a single day and the report provided to the officers concerned on the same

OSD & Ex-Officio Additional Secretary to the Government of West Bengal



(Annexure-I) *List of Medical Colleges, Govt. and Private Hospitals for mandatory health check up of WBCS (Exe.) and WBPS officers

61	DICTOLOT			Comparison of the second section of the second
SL NO.		HOSPITAL NAME	ADDRESS	TYPE OF HOSPITAL
1	BANKURA	BANKURA SAMMILANI MEDICAL COLLEGE & HOSPITAL	BankuraSammilani Medical College Rd, kenduadihi, Bankura, West Bengal 722102	GOVERNMENT
		BANKURA SEVA NIKETAN HOSPITAL PRIVATE LIMITED	84/1, Jail Road, Bankura, 722101 Mail: tpa@bsnh.in7797701790	PRIVATE
		JEEBAN SURAKSHA HOSPITAL PVT.LTD	KATJURIDANGA, CHHATNA ROAD, PO: KENDUADIHI, Bankura, Pin: 722102. Mail: jeebansurakshahospital@gmail.com9474320744	PRIVATE
		MEDICARÉ GENERAL HOSPITAL	115/60, BishnupurArambagh Road, Kotulpur, Sarishadighi – 722141, Bankura Mail: camelia.asraf@gmail.com 9434216662	PRIVATE
2	BIRBHUM	RAMPURHAT GOVERNMENT MEDICAL COLLEGE AND HOSPITAL	60 Batail, Hospital More, Rampurhat, Birbhum – 731224	GOVERNMENT
		ASHA NURSING HOME	NEW HOSPITAL ROAD, P.O RAMPURHAT, P.S RAMPURHAT, Birbhum- 731224 Mall: bidyut.suri@gmail.com9051900046	PRIVATE
		BELIEVE HOSPITAL	2018/2388, BHARSALA MORE, BEHIND B.S.N.L. OFFICE, P.O RAMPURHAT, Birbhum-731224 Mail: believehospital@gmail.com9647017864	PRIVATE
		MANIMAHESH HOSPITAL PVT. LTD	PAHARESWAR MANDIR, RANIGANJ ROAD, DUBRAJPUR, District: Birbhum, Pin: 731123 Mail: manimaheshhospital@gmail.com7865962547	PRIVATE
		NEW APANJAN NURSING HOME	205G/PART, BHARSALA MORE, NEW HOSPITAL ROAD, P.O RAMPURHAT, Birbhum – 731224 Mail: newapanjannursinghome16@gmail.com9734067125	PRIVATE
3	COOCHBEHAR	MAHARAJA JITENDRA NARAYAN MEDICAL COLLEGE AND HOSPITAL	Vivekananda Street, Pilkhana, Cooch Behar – 736101.	GOVERNMENT
		DR. P.K.SAHA HOSPITAL PVT. LTD.	12991/12970, BairagiDighi Bye Lane, Cooch Behar, Pin: 736101 Mail: drpksahahpl@gmail.com7797863362	PRIVATE
4	DAKSHIN DINAJPUR	SUSPARSHA HEALTHCARE PVT, LTD.	RABINDRAPALLY, MASTER PARA, GANGARAMPUR, DakshinDinajpur, 733124 Mail:susparshanursinghome@gmail.com9732771377	PRIVATE
5	DARJEELING	NORTH BENGAL MEDICAL COLLEGE & HOSPITAL	Sushrutanagar, Siliguri, Darjeeling, 734012	GOVERNMENT
		DESUN HOSPITAL (A UNIT OF PN MEMORIAL NEUROCENTRE AND RESEARCH INSTITUTE LIMITED)	Kawakhali, NBMC Road, PO: Sushrutanagar, PS: Matigara, District: Darjeeling, Pin: 734012 pralay.chakraborty@desunhospital.com8334828866	PRIVATE
		DR. CHHANG'S SUPER SPECIALTY HOSPITAL PVT. LTD.	HimanchalVihar Road Phase-III, P.O Matigara, Siliguri, Darjeeling – 734010 Mail: cssh.healthcare@gmail.com9832023501	PRIVATE
		HERITAGE HOSPITAL(A UNIT OF MENTO VINIMAY PVT LTD)	446/N, Burdwan Road, Near Darjeeling Automobile, Siliguri, Darjeeling, Pin: 734005 Mail: heritagehospitalslg@gmail.com 9434049255	PRIVATE
		NEOTIA GETWELL(A UNIT OF	UTTORAYON, MATIGARA, Darjeeling- 734010	PRIVATE



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List of Medical Colleges, Govt. and Private Hospitals for mandatory health check up of WBCS (Exe.) and WBPS officers

		AMBUJA NEOTIA HEALTHCARE VENTURE LIMITED)	Mail: writetous.sig@neotiahealthcare.com 8978950737	
6	HOWRAH	SARAT CHANDRA CHATTOPADHYAY GOVERNMENT MEDICAL COLLEGE AND HOSPITAL	Uluberia, Howrah, West Bengal 711315	GOVERNMENT
		NARAYANA MULTISPECIALTY HOSPITAL (UNIT OF MERIDIAN MEDICAL RESEARCH & HOSPITAL LTD.)	ANDUL ROAD, CHUNAVATI, HOWRAH, PO: PODRAH, PS: SANKARAIL, District: Howrah, Pin: 7111099836183678 Mail: east.compliance@narayanahealth.org	PRIVATE
		SANJIBAN HOSPITAL	Boikunthapur Road, Uluberia, PO: Sijberia, PS: Uluberia, District: Howrah, Pin: 711316 Mail: mitrasubhasis@yahoo.co.uk 9163324529	PRIVATE
		SHREE JAIN HOSPITAL & RESEARCH CENTRE	493 B/12,G.T.ROAD (SOUTH) SHIBPUR, HOWRAH – 711102 Mail: jainhowrah@gmail.com 9831228446	PRIVATE
		SUN MULTISPECIALITY HOSPITAL AND DIAGNOSTIC CENTRE (A UNIT OF SUNRAYS LIFECARE PVT.LTD.)	HOLDING NO.2499/1564/1213K(2), O.T.ROAD, P.O ULUBERIA RS, P.S ULUBERIA, Howrah – 711316 Mail: sunhospitalulu@gmail.com 9007200962	PRIVATE
7	HOOGHLY	PRAFULLA CHANDRA SEN GOVERNMENT MEDICAL COLLEGE AND HOSPITAL	Arambagh, Hooghly, West Bengal, Pin: 712601	GOVERNMENT
		NEW UNITED NURSING	230, DCR ROAD, CHANDANNAGAR, Hooghly – 712136 Mob: 8334822911 newunitednursinghome@rediffmail.com	PRIVATE
		PARAMOUNT HEALTH CARE	148 & 151, G.T.ROAD, SERAMPORE, Hooghly – 712203 Mob: 9830048432 Mail: akd.crossland.diag@gmail.com	PRIVATE
		SEVEN RANGERS HEALTHCARE PVT. LTD	3533, Durgapur Express Way, P.O Dankuni Coal Complex, P.S Dankuni, Hooghly – 712310 Mob: 8336939902 sevenrangershealthcarepytltd13@gmail.com	PRIVATE
8	JALPAIGURI	JALPAIGURI GOVERNMENT MEDICAL COLLEGE & HOSPITAL	Hospital Road, Jalpaiguri, Pin: 735101	GOVERNMENT
		ANANDALOKE MEDICAL CENTRE PVT LTD	1607, Sevoke Road, P.O Sevoke Road, P.S Bhaktinagar, Siliguri, Dist: Jalpaiguri, 734001 Mail: hrd@anandaloke.com 9434006928	PRIVATE
		MAHARAJA AGRASEN HEALTH CARE CENTRE	Fulbari Truck Terminus, P.O Fulbarihut, P.S Bhaktinagar, DistJalpaiguri, 734015 Mail: info@mahsig.org 8695522046	PRIVATE
		MARINA MEDICAL CENTRE PVT. LTD	120/86, THANA MORE, P.O JALPAIGURI, JALPAIGURI – 735101 Mob: 7001411583 marinamedicalcentre12@gmail.com	PRIVATE
		SILIGURI STAR HOSPITAL LLP	422/3/N, Asian Highway-2, Tinbatti More, P.O Siliguri Town, P.S New Jalpaiguri, Dist- Jalpaiguri, Pin- 734004.Mob: 9873018577 Mail: starhospitalslg@gmail.com	PRIVATE



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List of Medical Colleges, Govt. and Private Hospitals for mandatory health check up of WBCS (Exe.) and WBPS officers

F	T 2			
9	MALDA	MALDA MEDICAL COLLEGE AND HOSPITAL	West Bengal 732101	GOVERNMENT
		DISHARI HEALTH POINT PVT LIMITED	Maldah, Pin: 732103 Mail: dishari hp@yahoo.co.in 8116602174	PRIVATE
		NORBE MEDICARE PRIVATE LIMITED	BULBULCHANDI ROAD, MALDA, PO: NAGESWARPUR, PS: OLD MALDA, District: Maldah, Pin: 732142 Mob: 9433984846 Mail: norbemedicare@gmail.com	PRIVATE
10	MURSHIDABAD	MURSHIDABAD MEDICAL COLLEGE AND HOSPITAL	Station Road, Berhampore, District- Murshidabad, West Bengal, Pin-742101	GOVERNMENT
		GITARAM HOSPITAL PRIVATE LIMITED	N.H 34, PO: RADHARGHAT, PS: BERHAMPORE, District: Murshidabad, Pin: 742187 Mail: gitaramgroup@gmail.com Mob: 9002816161	PRIVATE
		MANMOHINI HEALTHCARE PVT. LTD.	24/A/B/15, KALIKAPORE ROAD, BERHAMPORE, District: Murshidabad, Pin: 742101 Mob: 9775390004 Mail: manmohinihealthcare@gmail.com	PRIVATE
	1	O2 CLINIC AND HEALTH CARE INSTITUTE PVT LTD	PAKUR ROAD, P.O RATANPUR, P.S SAMSERGANJ, MSD – 742202 Mail: o2hospital202@gmail.comMob: 7365076702	PRIVATE
11	NADIA	COLLEGE OF MEDICINE & JNM HOSPITAL	JNM Hospital, Block A2, Kalyani, Nadia, West Bengal 741235 comjnmhms.kalyani@gmail.com	GOVERNMENT
		GLOCAL HOSPITAL KRISHNANAGAR (A UNIT OF GHSPL SAMBHAV KNJ HEALTHCARE LLP)	NH-34, P.O Krishnanagar, P.S Krishnanagar, Nadia - 741101 Mail: <u>bh-knj@glocal.healthcare</u> Mob: 8017514115	PRIVATE
		HIRAMANI MEMORIAL HOSPITAL	40, ANANTA HARI MITRA ROAD, P.O KRISHNANAGAR, P.S KOTWALI, KRISHNANAGAR — 741101Mail: somajana37300@rediffmail.com 7872937300	PRIVATE
		MANORAMA HOSPITEX PVT.	172A, BEHARAMPUR ROAD, PO: RANAGHAT, Nadia, Pin: 741201 Mob: 9733474026 Mail: manoramahospitex@gmail.com	PRIVATE
12	NORTH 24 PARGANAS	BARASAT GOVERNMENT MEDICAL COLLEGE & HOSPITAL	Kalikapur, Barasat, North 24 Parganas, West Bengal 700124 Info@barasatgmch.ac.in	GOVERNMENT
		SAGORE DUTTA MEDICAL COLLEGE & HOSPITAL	578, B T Road, Kamarhati. Kolklata 700058	GOVERNMENT
		MANIPAL HOSPITAL BROADWAY (UNIT OF MANIPAL HOSPITALS EAST INDIA PVT. LTD.) (SALT LAKE)	JC-16 & 17, Saltlake, PO- Bidhannagar IB Market, Kolkata – 700106. Mob: 9007809594 sudip.chatterjee@manipalhospitals.com	PRIVATE
		ANANDALOK HOSPITAL	DK-7/3, 3rd Ave, beside National Dairy Development Board, DK Block, Sector II, Bidhannagar, Kolkata, West Bengal, 700091 Mob: 8335055437 Mail: anandalokhospitals@hotmail.com	PRIVATE
		BMRC HOSPITALS LTD.	6/6, Barrackpore Trunk Rd, Talpukur, Titagarh,	PRIVATE



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List of Medical Colleges, Govt. and Private Hospitals for mandatory health check up of WBCS (Exe.) and WBPS officers

,			Barrackpore, West Bengal 700120 Mail: bmrchospital@yahoo.in 9831608107	The special section of the section o
		CHARNOCK HOSPITALS PVT.LTD	BMC 195, Biswa Bangla Sarani, Dhalipara, Tegharia, Newtown, Kolkata, West Bengal 700157 Mob: 8017044333 Mail: satyaki@charnockhospital.com	PRIVATE
		GALAXY SUPERSPECIALITY HOSPITAL (A UNIT OF JAGANNANTH BALARAM SUVADRA HEALTHCARE PRIVATE LIMITED)	KALYANI EXPRESS WAY, P.O SWELI, P.S MOHANPUR, BARRACKPORE – 700121	PRIVATE
13	PASCHIM BARDHAMAN	ASANSOL HEALTHWORLD PRIVATE LIMITED	Shristinagar, Asansol, PaschimBardhaman, West Bengal 713305 mail: mecityclinic@rediffmail.com Mob: 9233300720	PRIVATE
		CITIZEN HOSPITAL	Market St, Bidhannagar, Durgapur, West Bengal 713212 Mail: <u>malayamukherjee77@gmail.com</u> Mob: 9800897855	PRIVATE
		DVITA HEALTH CARE PVT.	CA/2, AMBEDKAR SARANI, P.O CITY CENTRE, P.S DURGAPUR, PaschimBardhaman- 713216 Mail: dvitahealth@gmail.com Mob: 9800881701	PRIVATE
		GOURI DEVI INSTITUTE OF MEDICAL SCIENCES & HOSPITAL	G.T ROAD, P.O RAJBANDH, P.S KANKSA, PaschimBardhaman – 713212 Mob: 7586027505 Mail: asst.registrar@gimsh.in	PRIVATE
		THE MISSION HOSPITAL	219 P, ImonKalyanSarani, P.O Bidhannagar, P.S New Township M.A.M.C, Durgapur – 713212 Mob: 9800881732 Mail: licence_tmh@themissionhospital.in	PRIVATE
14	PURBA BARDHAMAN	BURDWAN MEDICAL COLLEGE & HOSPITAL	Bardhaman, West Bengal 713104	GOVERNMEN'
		SHARANYA	NH-2, BAMCHANDAIPUR, P.O JOTERAM, P.S BURDWAN, BAMCHANDAIPUR – 713104 Mail: accounts@sharanyahospital.com Mob: 9233333676	PRIVATE
		CHITTARANJAN ADVANCED MEDICAL REFERRAL INSTITUTE (A UNIT OF BURDWAN DIAGNOSTIC & RESEARCH CENTRE PVT. LTD.)	838, Bamchandaipur, P.O Joteram, P.S Burdwan, Joteram, PurbaBardhaman – 713104 Mob: 9233360642 Mail: camri.office@gmail.com	PRIVATE
		THE SUN HOSPITAL	874, G.T. ROAD, BHANGAKUTHI, P.O BURDWAN, P.S BURDWAN SADAR, DIST BURDWAN – 713101 Mail: thesunhospital6@gmail.com Mob: 8373095417	PRIVATE
		DREAMLAND NURSING HOME	962/1, INDRAPRASTHA, P.O RAJBATI, P.S BURDWAN SADAR, BURDWAN – 713104 Mob: 9635278455 Mail: dreamlandbwn@gmail.com	PRIVATE
15	PURBA MEDINIPUR	TAMRALIPTO GOVERNMENT MEDICAL COLLEGE AND HOSPITAL	227, HaldiaTamlukMecheda Road, Tamluk, PurbaMedinipur, Pin 721636contact@tgmch.ac.in	GOVERNMENT

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List of Medical Colleges, Govt. and Private Hospitals for mandatory health check up of WBCS (Exe.) and WBPS officers

			and w	br3 officers
		BAROMA MULTI SPECIALITY HOSPITAL	DakshinMechogram, P.O Uttar Mechogram, P.S Panskura, PurbaMedinipur – 721139 Mob: 9331024676 Mail: drbhaskarray07@gmail.com	PRIVATE
		CHANDIPUR MULTI SPECIALITY HOSPITAL	59, 116-B NH, P.O 721659, P.S Chandipur, PurbaMedinipur – 721659 Mail: chandipurmhrc@gmail.com Mob: 9593110873	PRIVATE
		DR. A.P.J. ABDUL KALAM MEMORIAL HOSPITAL	P.V., D.C. SANKARARA, P.O TAMLUK, P.S TAMLUK, PurbaMedinipur – 721636 Mail: apjamkh@gmail.com Mob: 9434417879	PRIVATE
16	PASCHIM MEDINIPUR	MIDNAPORE MEDICAL COLLEGE & HOSPITAL	5, Vidyasagar Road, Midnapore, PaschimMedinipur, West Bengal, PIN-721101	GOVERNMENT
		MIDNAPORE SCAN CENTRE	497/A, Mumbai Road NH - 6, P.O Debra, P.S Debra, Derba, PaschimMedinipur – 721126 mob: 9932671404 Mail: midnaporescan99@gmail.com	PRIVATE
		SPANDAN DIAGNOSTIC CENTRE	Rabindranagar, Midnapore, P.O Midnapore, P.S Kotwali, Midnapore Town – 721101 Mob: 9333765185 Mail: partha.spandan@gmail.com	PRIVATE
17	PURULIA	DEBEN MAHATA GOVERNMENT MEDICAL COLLEGE & HOSPITAL	Vill-Hatuara, PO-Vivekananda Nagar, PS- PuruliaMuffasil, Pin-723147 mail prinpuruliagmch@gmail.com	GOVERNMENT
		ROTARY CLUB OF PURULIA SERVICE CENTRE - MULTI- SPECIALITY HOSPITAL	433, WEST LAKE ROAD, PURULIA, P.O PURULIA, PURULIA – 723101 Mail: rscpurulia@yahoo.co.in Mob: 9434657156	PRIVATE
18	SOUTH 24 PARGANAS	DIAMOND HARBOUR GOVERNMENT MEDICAL COLLEGE AND HOSPITAL	PO & PS- Diamond Harbour, 24 Parganas (South), PIN-743331 mail: msvpdhgmc@gmail.com	GOVERNMENT
		ARTI NURSING HOME (A UNIT OF ARTI MEDICAL RESEARCH FOUNDATION)	539, M G ROAD, P.O BUDGE BUDGE, P.S BUDGE BUDGE, KOLKATA – 700137 mob; 9831797585 Mail: amrfaccounts@yahoo.in	PRIVATE
		ASHSHEEFA HOSPITAL	JAGANNATHPUR, P.O SAHARARHAT, P.S FALTA, South 24 Pgs - 743504Mail: ashsheefahospital@gmail.com Mob: 9836001515	PRIVATE
		JAGANNATH GUPTA INSTITUTE OF MEDICAL SCIENCE AND HOSPITAL	K P MONDAL ROAD, P.O BUITA, P.S BUDGE BUDGE, KOLKATA – 700137 Mail: executivedirector@jimsh.org Mob: 9748493158	PRIVATE
		KASTURI DAS MEMORIAL SUPER SPECIALITY HOSPITAL A UNIT OF DISHARI HEALTH POINT PVT. LTD	B-1 38/1/NEW, ROAD BYE LANE, P.O SANTOSHPUR (M), P.S MAHESTALA, SOUTH 24 PARGANAS – 700142 Mail: dhp.kolkata1@gmail.com Mob: 9434057580	PRIVATE
9	UTTAR DINAJPUR	RAIGANJ GÖVERNMENT MEDICAL COLLEGE AND HOSPITAL	Dr. BC Roy Sarani, Raiganj, Uttar Dinajpur, Pin- 733134, West Bengal msvpraiganjgmch@gmail.com	GOVERNMENT
		RAIGANJ JEEVAN REKHA DIAGNOSTIC PVT. LTD.	709/N, SATSANGHA ROAD, UKILPARA, P.O RAIGANJ, P.S RAIGANJ, Uttar Dinajpur – 733134 Mail: jeerekhaoffice@gmail.com Mob: 9434000007	PRIVATE
0	JHARGRAM	JHARGRAM GOVERNMENT	Vidyasagar Pally, Jhargram,	GOVERNMENT

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(Annexure-I) - List of Medical Colleges, Govt. and Private Hospitals for mandatory health check up of WBCS (Exe.) and WBPS officers

		MEDICAL COLLEGE AND HOSPITAL	Dist. Jhargram, Pin 721507 msvp.jgmch@gmail.com	
21	KOLKATA	INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION AND RESEARCH	SSKM Hospital Rd, Bhowanipore, Kolkata, West	GOVERNMEN
		CALCUTTA MEDICAL COLLEGE	88, College St, Kolkata, West Bengal 700073	GOVERNMEN
		CALCUTTA NATIONAL MEDICAL COLLEGE	32, Gorachand Rd, Beniapukur, Kolkata, West Bengal 700014	GOVERNMEN
		RG KAR MEDICAL COLLEGE	1, Khudiram Bose Sarani, Shyam Bazar, Kolkata, West Bengal 700004	GOVERNMEN
		NILRATAN SIRCAR MEDICAL COLLEGE & HOSPITAL	138, AcharyaJagdish Chandra Bose Rd, Sealdah, Kolkata, West Bengal 700014	GOVERNMEN
		RUBY GENERAL HOSPITAL PVT. LTD.	576, Anandapur, EM Bypass, KasbaGolpark, Kolkata - 700107 West Bengal, India Mail: ruby@rubyhospital.com Mob; 9903043815	PRIVATE
		NIGHTINGALE DIAGNOSTIC & MEDICARE CENTRE (P) LTD.	11, Shakespeare Sarani Rd, Kankaria Estates, Park Street area, Kolkata, West Bengal 700071 Mail: admin@nightingalehospital.com Mob: 9674758051	PRIVATE
		CALCUTTA MEDICAL RESEARCH INSTITUTE	7/2, Diamond Harbour Road, New Alipore, Kolkata - 700027 Mob. 8583021985 Mail: buddhadeo.gupta@ckbirlahospitals.com	PRIVATE
		DESUN HOSPITAL & HEART INSTITUTE	Desun More, 720, Eastern Metropolitan Bypass, Golpark, Sector I, Kasba, Kolkata, West Bengal 700107 Mail: <u>pralay.chakraborty@desunhospital.com</u> Mob: 8334828866	PRIVATE
		Manipal Hospital, EM Bypass(formerly known as MedicaSuperspeciality Hospital)	127, Eastern Metropolitan Bypass, Mukundapur, Kolkata, West Bengal 700099 Mail: komal.dashora@manipalhospitals.com Mob: 9831256896	PRIVATE
		BELLE VUE CLINIC	9& 10, Dr. U. N. Brahmachari Street (Formerly Loudon Street),Kolkata - 700 017 Mail: <u>ptondon@bellevueclinic.com</u> Mob: 8017772395	PRIVATE
		EASTERN DIAGNOSTICS INDIA PVT. LTD.	10C Missol - 11 6	PRIVATE
		MANIPAL HOSPITALS (EAST) INDIA PRIVATE LIMITED	DAANDE CIT CIT CIT	PRIVATE



Annexure- II

Proforma for Annual Mandatory Health Check up for W.B.C.S.(Exe.) officers

Date: Name: Age: Gender: A. **Examinations** 1. **General Examination:** i. Pulse Rate ii. **Blood Pressure** iii. Temperature iv. Respiratory Rate v. Weight Body Mass Index (BMI) vi. II. **Systemic Examination:** i. Respiratory System ii. Cardiovascular System (CVS) iii. Abdomen iv. Central Nervous System (CNS) Locomotor System V. vi. **Dental Examination** III. **Eye Examination:** i. Visual Equity (Near & Distant) and Refraction ii. Tonometry iii. **Fundus Examination** IV. **ENT Examination** ٧. **Gynecological Examination (Women)** Pelvic examination Local examination ii) Per vaginum examination

iii) Per speculum

- b. Breast examination
- Vi. Surgical Examination

B. Investigations

- 1. Hemogram
- i. Haemoglobin
- ii. Total leucocyte counts
- iii. Differential Leucocyte counts
- a. Polymorphs
- b. Lymphocytes
- c. Eosinophils
- d. Basophils
- e. Monocytes
- iv. Peripheral Smear
- II. Urine examination
- i. Routine
- II. Microscopic examination
- III. Blood Glucose
- i. Fasting
- ii. Post-prandial
- iii. HBA1C
- IV. Lipid Profile
- i. Total cholesterol
- ii. HDL cholesterol
- iii. LDL cholesterol
- iv. VLDL cholesterol
- v. Triglycerides
- **V. Liver Function Tests**
- i. Serum bilirubin (Total)
- ii. Serum bilirubin (Direct)
- iii. ALT/SGPT

- iv. AST/SGOT
- v. GGT
- vi. Serum Alkaline phosphatase
- vii. Total Protein
- viii. Albumin and Globulin ratio

VI. Kidney Function Tests

- i. Blood Urea
- ii. Serum Creatinine
- iii. Serum Uric Acid
- iv. Serum Electrolytes (Sodium & Potassium)
- VII. Serum TSH

VIII. Special Tests

- i. For Male: PSA
- ii. For Female : PAP Smear
- iii. X-ray chest PA view
- iv. ECG
- v. Ultrasound Whole Abdomen with prostate & Post Voiding Residual Urine Volume
- vi. Ultrasound Whole Abdomen with Pelvis (Female)
- vii. Mammogram (Female)

C. Medical report of the Officer

- i. Haemoglobin : Normal/Lowii. Blood Sugar : Normal/High/Lowiii. Lipid Profile : Normal/Abnormal
- iv. Liver Function Test : Normal/Abnormalv. Kidney Function Test : Normal/Abnormal
- D. Summary of Medical Report (Only copy of this part is to be attached to PAR)
- i. Overall health of the Officer
- ii. Any other remarks based on the health medical checkup of the officer

Date:

Signature of Medical Authority

Designation